

Tug of War



Age 6 to 9 months

Materials Small clothing items (i.e. scarf, bib, washcloth, sock, etc.)

Setting Lying on a flat, cushioned surface. During diapering, dressing, or bathing. Playtime.

Description Place infant on his or her back. Hold onto a piece of clothing or fabric about eight to 12 inches away from the infant's nose and encourage him or her to grab it. Pull lightly so the infant tightens his grasp. Try hooking two bibs together. When the infant pulls hard enough, they will pull apart. Be surprised and excited.

Learning Outcomes

Large Motor Skills Child begins to develop gross (large) motor skills and builds skills in coordination, balance and body awareness. Child gains voluntary control of arm movements and develops strength.

Fine Motor Skills Child engages in activities that require eye-hand coordination and handles objects with growing skill.

Social Emotional Development Child displays pleasure interacting with familiar adults, engaging in social games through playful back and forth interactions

Did You Know? Infants' gross and fine motor skills are advancing significantly during the six to nine month stage. Many can roll over both ways, scoot, crawl and even pull to a stand. These new postures lead to new perspectives and to new abilities lead to acting on thoughts.

Movement Milestone At 6 months, the infant's grasp is developing. He or she can squeeze or hold an object between his or her fingers and palm, but the thumb is not used. Usually, around 7 months, he or she squeezes objects between the fingers and the thumb.

INFANTS